

ANNUAL REPORT 2022

Given: I.S.E May 19th. 2022

As we close out our 2021-2022 year, our 26th year I would like to address our achievements for the past few years.

The Institute for Cultural and Healing Traditions, Ltd is in good standing since 1996 when it was incorporated. We continue our work as we progress forward.

The last few years have changed not only our way of meeting but our perspective towards our daily interactions. Significantly, the interactions within the entire wide range covered by The Institute: the range of culture, its optimum expression, leading to the natural consequence of well balanced, joyful living, This has been attacked from the basis of the quintessential culture of the people and to the result: lack of balance, dis-ease, atrophy, apathy and lack of joy in living.

We see signs of this breakdown around us. The rate of suicides is higher than ever before, depression, obesity even in children, coupled with the increase in substance abuse is obvious. The information about this is readily available in the media as well as in special journals. I do not feel it necessary to repeat those statistics here.

Ten years ago, at our Annual Report, we mentioned the work of Gideon Rose, the Editor of Foreign Affairs and a 90-year anniversary issue Jan-Feb 2012 dedicated to the Clash of Ideas where he said, "The major battles about how to structure modern politics and economics were fought in the first half of the last century and they ended with the emergence of the most successful system the world has ever seen." Foreign Affairs is a leading news publication. What has happened since that time is for us to decide for ourselves. This is merely a mention, throwing a searchlight on the statement, highlighting its importance as we individually review its relevance today. The impact of that is outside the scope of The Institute.

We, at The Institute, concentrate on the true meaning of currency. Currency, as we repeatedly emphasize at The Institute, is the contributions we leave behind in our work and lives. Currency has within it, the exchange of thoughts, of the increase in value in our society around us. Money, one of the aspects of currency, is only one of its components. How we contribute, and what difference we make to the society in which we live and interact, is the area we look at as we speak about currency at The Institute. We, at The Institute, measure our progress by the work produced by those presenters at the Institute's Evenings as they realize their potential. Obviously, potential can never be fully realized as it is always growing. But the progression and the journey have some landmarks, and those we recognize as a measure of progress. Currency refers to the work that is put in a community that feeds them and that is fed by them.

At The Institute we hold currency to be the exchange quotient

Our society around us, locally and globally, is intrinsically changing. While we ponder the question of its change and come to our respective conclusions, the necessity of cultural organizations become more acute and pinpointed at this time. The worst, the very worst thing, that can happen is for us to collectively go into a downward spiral during this time of national and international crisis. Cultural organizations stem that downward spiral effectively

Several years ago, we had coined the term “talent equity” What is the talent equity of our region and community at this time?

Obviously, potential and talents are an ongoing discovery. Emil Ludwig, in his book “Napoleon” had recounted an episode of Napoleon Bonaparte discussing an opera with friends. This particular opera had a happy ending, which is unusual for most operas. A woman in the group had asked “ But.. What is Happiness?”

“ Happiness ?” answered Bonaparte, “ is the highest possible development of my talents”

Agreeing with Bonaparte’s description of happiness is a personal matter, but the showcasing of talents is what we are about at this Institute by providing a viable venue as well as highlighting and publicizing the achievements of those who present at The Institute.

In every healthy, thriving, civilized, cultured and evolved society there are many venues showcasing the development and discovery of talent. Often individual members of a community will go from one venue to another in search of their own discovery, developing their talents to newer, and yet newer, levels. This is a very valid, admirable and wonderful dimension of any cultured and evolved society. How we utilize such venues is really up to us, as individuals in a society. It reveals as much about us as it reveals the talent we are pursuing to develop.

Just as this talent equity is vital, both, in an individual and in a society, so are the venues that foster these. In turn, your support and presence here and in similar venues are vital in supporting these in our community. Keep in mind: at times of such intense turmoil, non-profit, cultural community organizations are of even greater importance. Such organizations, like your neighborhood institute, provide a breathing capacity, and sometimes a catalyst.

There is one thing we know for sure: it is about discovery. Discovery is the parent of scholarship. It is about intellectual curiosity. This we are born with, and this we develop as we grow. How we realize it depends BOTH on our individual selves AS WELL AS the opportunities provided in the society and community around us.

Today, in this era of the 3rd Industrial Revolution, we are not restricted to the community of our physical immediate vicinity. As we know, this 3rd Industrial Revolution we are in is launched through Cyberspace, a dimension that we all now live in, continuously. We

call it the 5th Dimension. As we experience, we are no longer restricted to the first 4 dimensions with Time being the 4th Dimension.

Along with discovery is courage. Scholarship is about courage. It is this very scholarship that brings talent forwards. In this 3rd Industrial Revolution, we review our currency. Again, I repeat: At The Institute we hold currency to be the exchange quotient.

What do I mean by the 3rd Industrial Revolution? The 1st industrial revolution was in 18th century mechanization of the textile industry. The 2nd industrial revolution was in early 20th century with the assembly line and mass production. Now, with the 3rd industrial revolution we are immersed in the digital age. While the various industrial revolutions differ, the essential component is the same: the Human: The essential factor. Complete with all their variables, foibles, and commonalities. With organizations like ours we address these Human needs. Without Humans as balanced, healthy peoples, nothing else works. Worse is the negative side: the profiteering of their dis-ease and imbalance.

In our 5th. Dimension of Cyberspace, our community has expanded, as is natural and to be expected. Human curiosity with its endeavor, so essential to Humans, so healthy and robust, cannot be restricted. Never has it been restricted in the past, and never will in the future. Therefore, we, at the Institute, have moved forward with it.

Significantly, this year, we have expanded our range of recognition to include international awards given to promising artists who have already reached the zenith of their careers, and still have development years ahead for further achievement. The criteria for our selection were developed last year and are posted online. Our very first award was given. We were fortunate to be able to identify an excellent candidate, Bhai Simarpreet Singh, Hazoori Ragi, from Darbar Sahib, Amritsar, India. His award ceremony was scheduled to be held on October 26th. 2021 in conjunction with the San Antonio Chamber of Commerce. Unfortunately, the awardee could not attend the ceremony due to unprecedented backlog at the processing of travel visas at the US Embassy in New Delhi, India. An announcement of his award was made to the San Antonian community at the San Antonio Chamber of Commerce event along with an introduction of The Institute to the Chamber members at a special event held on October 26th. 2021

Bhai Simarpreet Singh is a Kirtaniya, a genre of music widely known in India and in her classical music repertoire. The genre of Kirtaniya is unknown in Occidental society, particularly in America, outside of the diaspora from India and Indophiles, and perhaps, music lovers.

Through his award and by highlighting his work we intend to showcase this genre into the general public and community in America.

The award had two parts to it: One is the actual ceremony for giving the award, and second is the review of organizations within the United States where his genre is being practiced and presented, enjoyed by all who attend. Through this way of review, he will be able

to see how the United States is situated in his field, what developments have been made, and what are the areas of growth which he can identify, with possible future work.

As we close out this year, while we send him his award certificate, the award, in its entirety, will need to be carried forward, to be completed as and when he can visit us in the United States.

In further continued presentations, Dr. Opendar Singh, a journalist and writer, gave an excellent presentation on Hon. Rai Bilal Akram Bhatti. His paper is in our website for your reading.

Hon. Rai Bilal Akram Bhatti.

We continued our series on

Evergreen Poems: poems that live through the ages. These poems are favorites not only of active poets, but of all who enjoy poetry.

I presented two of my essays which are upload onto our website:

“Christopher Columbus: Error or Statement”

Essay on the background of the word ‘Indian’ prompted by Disney formally apologizing for a Texan school band with the name. Essay by Narveen Singh Aryaputri

Being Resilient and Anti-Fragile in which I examine the human capacity to grow from difficulties and obstacles created in one’s path of living.

In further exploration, we looked at, and examined the very damaging technique of social manipulation known as Gas-Lighting. This technique is growing more rampant today.

Gas-lighting is it a new technique? How to deal with it when it happens.

One of our Independent Scholars brought up the often-repeated book written by George Orwell titled “1984”. Our current fear is finding its voice in projecting the novel as a template of today’s world in America. Is that a valid projection?

This topic was so fascinating we had to extend it over a couple of sessions.

Does the Orwellian philosophy of 1984 apply to USA ?

Shortly after this session we read, studied and examined the little talked about, and mostly unrecognized, The 9th Amendment famous in protecting all our rights, even those that are not mentioned in the first 8 Amendments.

The 9th Amendment

We had, additionally, a rather entertaining session on the Fake News so rampant today.

The True History of Fake News, by Robert Darnton. “The concoction of alternative facts is hardly rare, and the equivalent of today’s poisonous, bite-size texts and tweets can be found in most periods of history, going back to the ancients”

The judicial technique of Arbitration, so valid today, was a necessary session.

Arbitration

The effects of post – colonialism is still deeply rampant in countries that had been controlled by the Colonialists. Before we discuss how long it will take to remove this curse, we need to understand it in the first place. Many are still unaware of the presence of the Victor-Vanquished psychology.

We are opening discussions as we highlight this difficult and debilitating reality.

Victor-Vanquished Psychology Post – Colonialism

In the field of wholistic healing we had an entire month devoted to examining the Ayurvedic basis for the struggle of Obesity. Keeping in mind that obesity is a national security according to two separate US Generals, this is a vital area for our work. Dr. Sudhakar Dadhich conducted this entire series.

**“The Psychology of Hunger.
The Struggle of Obesity.”
What solutions?**

An excellent description of optimum health in Ayurved is described here:

<https://www.vedikaglobal.org/post/2017/01/12/ayurveda-s-definition-of-health>

A brief housekeeping note:

All finished essay, articles and writings are uploaded on our website under ISE Articles.

One emphasis I would like to make again, is about our policy for publication. Our only criteria are that the article must be presented at The Institute. After any edits made, the finished essay may be sent to us, in its finished form, and we will upload it as it is submitted. We do not judge nor edit. Market forces take care of those aspects very well. We do our share to publicize and let Search Engine Optimizations do their own particular work.

Also: Once published with us, the presenter and independent scholar may use the Institute's publishing as the requirement to further publish in venues or publications which require an article or essay to be already published before accepting it as a submission. It is exciting to see the free flow of ideas and concepts. We encourage and delight in this exchange quotient.

We have had a very challenging and stimulating few years.

We look forward to very stimulating and exciting years ahead.

Please be active in your participation.

Thanking you,

Narveen Aryaputri.